



WORKFORCE ENGAGEMENT - MENTAL HEALTH AND WELLBEING

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Challenges with engaging the offshore workforce

A large offshore oil rig is shown at sunset, with the sun low on the horizon over the ocean. The rig's complex structure of yellow and red pipes and steel beams is illuminated by the warm light of the setting sun. The sky is a mix of blue and orange, and the water reflects the colors of the sky and the rig.

Location: Difficulty integrating offshore and onshore teams due to geographical and cultural differences.

Shifts: Managing time zone differences as well as staff availability.

Technology: Connectivity issues, differing software.

Over/under communication: Information overload and fatigue, or dilution of messaging.

How we communicate to a wide workforce

2025 Health Awareness



JAN	FEB	MARCH	APRIL	MAY	JUNE
 Drug and Alcohol	 Bowel Cancer	 Musculoskeletal	 Stress Awareness	 Diet and Nutrition	 Men's Health Week Prostate Cancer
JULY	AUG	SEPT	OCT	NOV	DEC
 Skin Cancer	 Heart Disease and Stroke	 Cold and Flu	 Menopause	 November - Minds Matters	 Smoking

Tailored support
and
resources



Face to face
sessions





John's Story

